## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	OMB APPROVAL								
	OMB Number:	3235-0287								
	Estimated average burden									
ı	hours per response.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  LaPlume Joseph W				<u>C</u>	2. Issuer Name and Ticker or Trading Symbol CHARLES RIVER LABORATORIES INTERNATIONAL INC [ CRL ]								eck all applic Directo Officer	ationship of Reportin k all applicable) Director Officer (give title		10% Ov Other (s	wner	
(Last) 251 BAL	,	First) LE STREET	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/22/2019								below)	EVP, Corp Str		below)  & Develo	p
(Street) WILMINGTON MA 01887					4.1	If Ame	endment, I	Date (	of Original	Filed	(Month/Day	Line	dividual or Joint/Group Filing (Check Applicable )  Compared to the compared t					
(City)	(;	State)	(Zip)											Person				
		Tal	ble I - No	n-Deri	vativ	e Se	curitie	s Ac	quired	, Dis	posed of	f, or Ber	neficiall	y Owned				
Date			2. Trans Date (Month		ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securition Disposed	es Acquired Of (D) (Insti	d (A) or r. 3, 4 and !	Beneficia Owned F	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock <sup>(1)</sup>			02/2	02/22/2019				A		2,854	A	\$0	15,	881	D	D		
Common	Common Stock 0			02/2	3/201	/2019			F		316	D	\$144.6	57 15,	15,565		D	
Common	Stock			02/2	4/201	.9			F		322	D	\$144.6	57 15,	7 15,243 D			
			Table II -								osed of, convertib			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemee Execution I if any (Month/Day	Date, Trans Code		ection (Instr.	of		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Ov s Fo llly Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date		Amount or Number of Shares					
Stock Options (Right to	\$144.67	02/22/2019			A		12,170		02/22/202	20 <sup>(2)</sup>	02/22/2024	Common Stock	12,170	\$0	12,17	0	D	

## **Explanation of Responses:**

- 1. Consists of 2,854 unvested restricted stock units that vest as follows: 713 shares vest one (1) year from the date of issuance, 714 shares vest two (2) years from the date of issuance, 713 shares vest three (3) years from the date of issuance, and 714 shares vest four (4) years from the date of issuance.
- 2. Stock options vest as follows: 3,042 options vest one (1) year from the date of grant, 3,043 options vest two (2) years from the date of grant, 3,042 options vest three (3) years from the date of grant, and 3,043 options vest four (4) years from the date of grant.

/s/ Joseph W. LaPlume

\*\* Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$ 

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.