

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>LaPlume Joseph W</u>  (Last) (First) (Middle) 251 BALLARDVALE STREET  (Street) WILMINGTON MA 01887  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>CHARLES RIVER LABORATORIES INTERNATIONAL INC [ CRL ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner Officer (give title below) Other (specify below) X EVP, Corp Strategy & Develop
	3. Date of Earliest Transaction (Month/Day/Year) 03/08/2019	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	03/08/2019		M		1,542	A	\$76.67	16,325	D	
Common Stock	03/08/2019		M		3,350	A	\$73.7	19,675	D	
Common Stock	03/08/2019		M		3,492	A	\$88.05	23,167	D	
Common Stock	03/08/2019		M		3,204	A	\$109.34	26,371	D	
Common Stock	03/08/2019		S		200	D	\$137.415	26,171	D	
Common Stock	03/08/2019		S		100	D	\$137.43	26,071	D	
Common Stock	03/08/2019		S		198	D	\$137.44	25,873	D	
Common Stock	03/08/2019		S		302	D	\$137.45	25,571	D	
Common Stock	03/08/2019		S		400	D	\$137.46	25,171	D	
Common Stock	03/08/2019		S		400	D	\$137.48	24,771	D	
Common Stock	03/08/2019		S		100	D	\$137.495	24,671	D	
Common Stock	03/08/2019		S		200	D	\$137.515	24,471	D	
Common Stock	03/08/2019		S		308	D	\$137.53	24,163	D	
Common Stock	03/08/2019		S		300	D	\$137.56	23,863	D	
Common Stock	03/08/2019		S		100	D	\$137.58	23,763	D	
Common Stock	03/08/2019		S		164	D	\$137.605	23,599	D	
Common Stock	03/08/2019		S		330	D	\$137.63	23,269	D	
Common Stock	03/08/2019		S		300	D	\$137.64	22,969	D	
Common Stock	03/08/2019		S		6	D	\$137.665	22,963	D	
Common Stock	03/08/2019		S		100	D	\$137.71	22,863	D	
Common Stock	03/08/2019		S		200	D	\$137.72	22,663	D	
Common Stock	03/08/2019		S		500	D	\$137.73	22,163	D	
Common Stock	03/08/2019		S		100	D	\$137.735	22,063	D	
Common Stock	03/08/2019		S		200	D	\$137.74	21,863	D	
Common Stock	03/08/2019		S		100	D	\$137.75	21,763	D	
Common Stock	03/08/2019		S		100	D	\$137.76	21,663	D	
Common Stock	03/08/2019		S		100	D	\$137.77	21,563	D	
Common Stock	03/08/2019		S		300	D	\$137.8	21,263	D	
Common Stock	03/08/2019		S		114	D	\$137.81	21,149	D	
Common Stock	03/08/2019		S		300	D	\$137.82	20,849	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to Buy)	\$76.67	03/08/2019		M			1,542	02/27/2016	02/27/2020	Common Stock	1,542	\$0	0	D	
Stock Options (Right to Buy)	\$73.7	03/08/2019		M			3,350	02/26/2017	02/26/2021	Common Stock	3,350	\$0	3,350	D	
Stock Options (Right to Buy)	\$88.05	03/08/2019		M			3,492	02/24/2018	02/24/2022	Common Stock	3,492	\$0	6,985	D	
Stock Options (Right to Buy)	\$109.34	03/08/2019		M			3,204	02/23/2019	02/23/2023	Common Stock	3,204	\$0	9,614	D	

Explanation of Responses:

/s/ Joseph W. LaPlume

03/11/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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